

Welcome...

to the Leicester Museum & Art Gallery Memory Trail

The objects on this trail have been specially chosen to trigger memories for our older visitors.

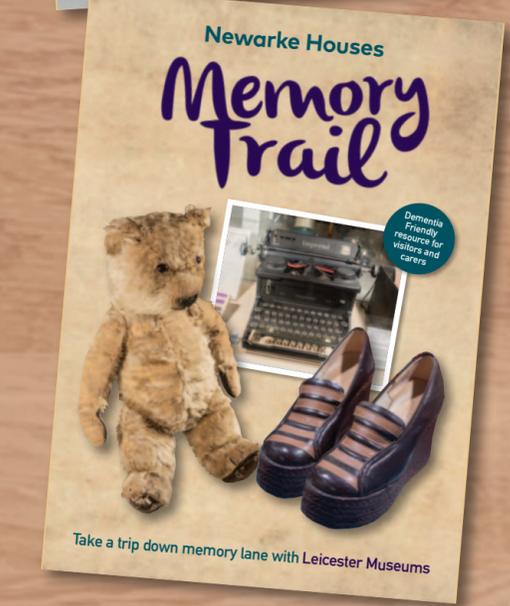
Explore the museum and discover how the objects can start conversations about how people lived and how things have changed over the years.

Follow the trail and be amazed at how much conversation takes place as you share stories of past experiences.

A resource created to stimulate the memories of the person you care for who's living with Dementia



We all like to take a trip down memory lane. Sharing stories and memories makes us happy, helps us understand each other which improves our health and wellbeing. Museums have many objects and exhibitions that help us remember past experiences and are welcoming places to enjoy sharing memories with others.



Two further memory trails are available to enjoy at Abbey Pumping Station and Newarke Houses.

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Leicester Museums & Galleries
Discover something amazing

<p>Leicester Museum & Art Gallery New Walk's world of discovery</p> <p>New Walk Leicester 0116 225 4900</p>	
<p>Church Road Belgrave 0116 229 8181</p>	<p>Belgrave Hall Heritage Venue & Gardens</p>
<p>Abbey Pumping Station Leicester's Industrial Museum</p> <p>Corporation Rd Leicester 0116 299 5111</p>	
<p>The Newarke Leicester 0116 225 4980</p>	<p>Newarke Houses Social History & Regimental Museum</p>
<p>Leicester Guildhall Medieval Venue & Museum</p> <p>Guildhall Lane Leicester 0116 253 2569</p>	

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Leicester Museum & Art Gallery

Memory Trail

Dementia-friendly resource for visitors and carers



Take a trip down memory lane with Leicester Museums



1 The Rutland Dinosaur

Dinosaur skeletons are displayed in Museums around the world. The 15 metre Rutland Dinosaur has been towering above visitors since 1985 and is one of the best-loved exhibits at the museum.

- Do you remember the first time you saw a huge dinosaur skeleton displayed in a museum?
- This one has been in the museum since 1985. Did you take your children or grandchildren to see one when they were younger?



3 Tiger

Seeing wild animals displayed in museums may well have been the first time you saw a wild animal this close.

- What is your favourite wild animal? Is it displayed here?
- As a child did you ever have a trip to the zoo? What do you remember about it?
- Do you remember the Typhoo tea adverts with the chimps from Twycross Zoo? Did you ever see a chimp's tea party?



2 Barwell Meteorite

Museums contain objects that are very old and this one is the oldest object in the Museum collection. Some objects are discovered by members of the public like this one found in 1968 on an allotment!

- Do you have anything in your family that is old and has been passed down through generations? Any family heirlooms?
- Did you watch any of the programmes that Sir David Attenborough made about finding fossils?



4 Disney Tea Set

Disney characters and films have transported us to magical places over the years.

- Did you go to the cinema when you were a child? Was it a special occasion?
- Do you remember the interval and queuing for ice cream?
- Which was your local cinema? Did you ever go to the Saturday morning kids shows?



5 The Railway Station

This painting of Paddington Station, London, depicts a family in the hustle and bustle of Victorian England.

- Do you remember any train journeys as a child? Were they exciting?
- Did you have Thomas the Tank Engine books as a child?
- Do you know anyone who went train spotting?

Dancing Statue, Degas

Dancing has always been depicted in paintings and sculpture such as this bronze statue of a dancer by Degas.

- Did you like dancing when you were younger?
- As a teenager, did you go to dances? What do you remember?
- What did you do to get ready to go out – what did you wear?
- What did you like to do as a hobby or on a night out?



6 Temporary Exhibitions

These two galleries show exciting new displays. Have a look around them and see if their objects trigger any memories.

- What is the best or most impressive thing you have seen in a museum or art gallery?
- What type of paintings or objects do you like? Are they landscapes, pictures of people or interesting objects?



7 Armchairs

Chairs are something that we all use daily. Some chair styles are still around today like these by Arts and Crafts Designers from around the 1890s

- Did you have your special chairs in the front room for Sundays and special occasions only?
- Do you remember the antimacassars to protect the back of the armchairs for when your Dad and Uncles all used Brylcreem?



8 Mummies

Mummies and Pyramids are the objects that most make us think of Ancient Egypt and trips to museums!

- Do you remember seeing the mummies as a child – were they scary?
- Did you learn about Pyramids and Pharaohs at school?



10 Museum Building

As children we all remember day trips to museums with school or family. This well-known city centre attraction has been here since 1849. The striking entrance looks as familiar now as it did many years ago.

- Do you remember the first time you went to a museum?
- What has changed inside this museum?
- Do you remember the fishpond on the lower level with the koi carp? What about the magnificent staircase with the seats halfway up and 'George the Giraffe' at the top?